

January 2020

THIS MONTH

WED JAN 1:
CLOSED FOR NEW YEARS

THU JAN 16 5PM:
BOARD MEETING

MON JAN 20:
CLOSED FOR MARTIN LUTHER KING JR. DAY

FRI JAN 24 1PM:
ALL STAFF MEETING



CAPITAL RECOVERY CENTER

A PEER-SUPPORTED COMMUNITY BUILDING HOPE

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> ■ Big Group Room ■ Kitchen ■ Heather's Office ■ Dining Room ■ Important Events 	<p>1</p> <p>HAPPY NEW YEAR!</p> <p>2020</p> <p>CLOSED FOR NEW YEARS DAY!</p>	<p>2</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Ups & Downs</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Recovery Life</p> <p>1:00-3:00 Games</p>	<p>3</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Voices & Visions</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 MAC</p> <p>1:00-3:00 Art Studio</p>
<p>6</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Boundaries</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Self-Esteem</p> <p>1:00-3:00 Art Studio</p>	<p>7</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Writing Expressions</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Motion & Meditation</p> <p>1:00-3:00 Advocacy 101</p>	<p>8</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Job Club</p> <p>12:00-1:00 Social Skills</p> <p>Community Meeting</p> <p>1:00-2:30 DBT</p> <p>1:00-2:30 Social Skills Practice</p>	<p>9</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Ups & Downs</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Recovery Life</p> <p>1:00-3:00 Games</p>	<p>10</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Voices & Visions</p> <p>12:00-12:45 Social Skills</p> <p>1:00-3:00 MAC</p> <p>1:00-3:00 Art Studio</p>
<p>13</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Boundaries</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Self-Esteem</p> <p>1:00-3:00 Art Studio</p>	<p>14</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Writing Expressions</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Motion & Meditation</p> <p>1:00-3:00 Advocacy 101</p>	<p>15</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Job Club</p> <p>12:00-1:00 Social Skills</p> <p>Community Meeting</p> <p>1:00-2:30 DBT</p> <p>1:00-2:30 Social Skills Practice</p>	<p>16</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Ups & Downs</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Recovery Life</p> <p>1:00-3:00 Games</p> <p>5:00 Board Meeting</p>	<p>17</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Voices & Visions</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 MAC</p> <p>1:00-3:00 Art Studio</p>
<p>20</p> <p>CLOSED FOR DR. MARTIN LUTHER KING JR. DAY</p>	<p>21</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Writing Expressions</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Motion & Meditation</p> <p>1:00-3:00 Advocacy 101</p>	<p>22</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Job Club</p> <p>12:00-1:00 Social Skills</p> <p>Community Meeting</p> <p>1:00-2:30 DBT</p> <p>1:00-2:30 Social Skills Practice</p>	<p>23</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Ups & Downs</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Recovery Life</p> <p>1:00-3:00 Games</p>	<p>24</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Voices & Visions</p> <p>12:00-12:45 Social Skills</p> <p>1:00 All Staff Meeting Groups End at 12:45PM</p>
<p>27</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Boundaries</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Self-Esteem</p> <p>1:00-3:00 Art Studio</p>	<p>28</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Writing Expressions</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Motion & Meditation</p> <p>1:00-3:00 Advocacy 101</p>	<p>29</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Job Club</p> <p>12:00-1:00 Social Skills</p> <p>Community Meeting</p> <p>1:00-2:30 DBT</p> <p>1:00-2:30 Social Skills Practice</p>	<p>30</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Ups & Downs</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 Recovery Life</p> <p>1:00-3:00 Games</p>	<p>31</p> <p>9:00-10:00 Breakfast Club</p> <p>10:00-1:00 Stone Soup</p> <p>10:10-11:50 Voices & Visions</p> <p>12:00-1:00 Social Skills</p> <p>1:00-3:00 MAC</p> <p>1:00-3:00 Art Studio</p>