

CAPITAL RECOVERY CENTER

Established in 1989, Capital Recovery Center is a non-profit Washington State Certified Behavioral Health Agency that specializes in co-occurring treatment, integrating substance use disorder and mental health services. With integrated services, we can best serve individuals and improve outcomes for recovery.

Capital Recovery Center builds safe environments so people can become self-directed by learning and using tools that are helpful in our wellness and life journeys. We work to dismantle misconceptions, confront discrimination and build understanding. Empowerment and full community participation are our ultimate goals.

HOW TO FIND US

We are located in the same building as the Thurston County Syringe Exchange.



Olympia Bupe Clinic

DIRECTORS & STAFF

Lucinda Grande, MD
OBC MEDICAL DIRECTOR

Sofi Harnish, RN
OBC NURSE CARE MANAGER

Tamara Heinz
LEAD PEER RECOVERY
SPECIALIST

Garrett Leonard
PEER PATHFINDER

Meta Hogan
COMMUNITY PROGRAMS
DIRECTOR

Hayley Demus
FRONT DESK RECEPTIONIST

Jim Wright
CRC EXECUTIVE DIRECTOR

Brad Livingstone, RPH
OBC PHARMACIST

Malika Lamont
OBC HARM REDUCTION
DIRECTOR

Emily Shippee
OBC CLINIC MANAGER



**CAPITAL
RECOVERY
CENTER**

Contact Us

1000 Cherry St SE,
Olympia, WA 98501

(360) 349-0033 **PHONE**

(360) 357-2821 **FAX**

olybupeinfo@gmail.com

CRCOLY.ORG/OBC

CRC is a 501(c)3 non-profit – Fed. Tax ID#91-1465297

THE OLYMPIA BUPE CLINIC

AT CAPITAL RECOVERY CENTER

BUPRENORPHINE (SUBOXONE®)

*OPIOID TREATMENT
MEDICATION FOR
YOUR COMFORT
AND SAFETY.*

*PEER SUPPORT TO
HELP YOU DESIGN
YOUR OWN
RECOVERY.*



CAPITAL RECOVERY CENTER

Walk-In Hours

4:00 PM – 7:30 PM

NEW PATIENTS 4-6 PM

MONDAY – FRIDAY

1000 CHERRY ST SE, OLYMPIA, WA 98501

What is Buprenorphine?

Buprenorphine (Suboxone®) is a medication to treat opioid use disorder. It promptly stops withdrawal symptoms and reduces opioid craving. It is long-acting, has a very low overdose risk and minimal euphoric effect, and helps support recovery.

Benefits

- Treats Opioid Use Disorder
- Stops Withdrawals
- Reduces Opioid Craving
- Does Not Cause a High
- Helps Support Recovery
- Reduces Your Risk of Overdose Death by 50%
- Can Be Used As Needed, But Daily Use Works Best
- Increases Your Ability to Care for Yourself & Your Loved Ones
- Helps You Maintain Your Independence

Since 1989, Capital Recovery Center, has employed staff who have direct experience with mental health challenges. We implement an innovative, balanced and integrated approach that leads to self-determination, resilience and recovery.

We Are a Walk-In Clinic

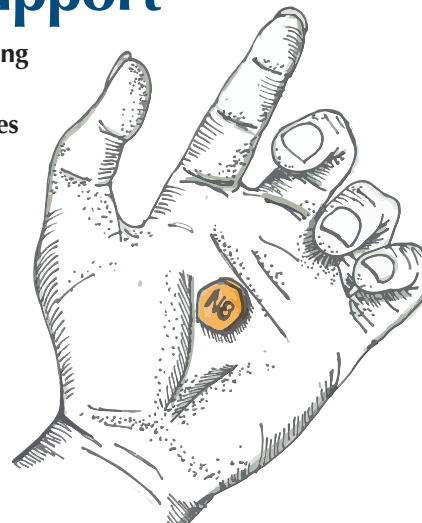
- Same Day Visits
- Medication Dispensed On-Site at Time of Visit
- No Charge for Visit or Medication
- In-Recovery Encouraged, but not Required

Everyone Is Welcome

- Recent Jail/Prison/Drug Court
- Recent Emergency Room/Hospital/Overdose
- Homeless
- Pregnant/Youth
- Chronic Pain
- Veterans/Tribal Members

Peer Support

- Help Accessing Basic Needs and Resources
- Referrals for Long-Term Treatment, Counseling, Housing



What Can You Expect?

AT YOUR FIRST VISIT:

- A Peer Recovery Coach will introduce you to the clinic and collect basic information.

AT EVERY VISIT:

- You will meet with a medical provider who will help you get the most out of the medication.
- In most cases, you will be provided a short-term supply of medication, dispensed to you on-site.
- You can meet with a peer recovery coach, or set a time to meet outside of clinic hours.

ON RETURN VISITS:

- Occasionally, urine testing will occur to confirm the presence of buprenorphine.

THE OLYMPIA BUPE CLINIC (OBC) IS OPEN TO WALK-INS

Monday – Friday | 4:00pm – 7:30pm

Alternatively, call 360-349-0033 to speak to a Bupe Clinic Specialist, Monday - Friday 1pm – 8pm.

We will protect your privacy with the highest standards of medical care. We will not share your information without your permission, except as required by law.