

February 2020

THIS MONTH

MON FEB 17:
CLOSED FOR
PRESIDENT'S DAY

THU FEB 20 5PM:
BOARD MEETING



CAPITAL RECOVERY CENTER

A PEER-SUPPORTED COMMUNITY
BUILDING HOPE

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Boundaries 12:00-1:00 Social Skills 1:00-3:00 Self-Esteem 1:00-3:00 Art Studio	4 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Writing Expressions 12:00-1:00 Social Skills 1:00-3:00 Motion & Meditation 1:00-3:00 Advocacy 101	5 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Job Club 12:00-1:00 Social Skills Community Meeting 1:00-2:30 DBT 1:00-2:30 Social Skills Practice	6 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Ups & Downs 12:00-1:00 Social Skills 1:00-3:00 Recovery Life 1:00-3:00 Games	7 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Voices & Visions 12:00-1:00 Social Skills 1:00-3:00 MAC 1:00-3:00 Art Studio
10 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Boundaries 12:00-1:00 Social Skills 1:00-3:00 Self-Esteem 1:00-3:00 Art Studio	11 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Writing Expressions 12:00-1:00 Social Skills 1:00-3:00 Motion & Meditation 1:00-3:00 Advocacy 101	12 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Job Club 12:00-1:00 Social Skills Community Meeting 1:00-2:30 DBT 1:00-2:30 Social Skills Practice	13 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Ups & Downs 12:00-1:00 Social Skills 1:00-3:00 Recovery Life 1:00-3:00 Games	14 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Voices & Visions 12:00-12:45 Social Skills 1:00-3:00 MAC 1:00-3:00 Art Studio
17 CLOSED FOR PRESIDENT'S DAY	18 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Writing Expressions 12:00-1:00 Social Skills 1:00-3:00 Motion & Meditation 1:00-3:00 Advocacy 101	19 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Job Club 12:00-1:00 Social Skills Community Meeting 1:00-2:30 DBT 1:00-2:30 Social Skills Practice	20 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Ups & Downs 12:00-1:00 Social Skills 1:00-3:00 Recovery Life 1:00-3:00 Games 5:00 Board Meeting	21 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Voices & Visions 12:00-1:00 Social Skills 1:00-3:00 MAC 1:00-3:00 Art Studio
24 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Boundaries 12:00-1:00 Social Skills 1:00-3:00 Self-Esteem 1:00-3:00 Art Studio	25 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Writing Expressions 12:00-1:00 Social Skills 1:00-3:00 Motion & Meditation 1:00-3:00 Advocacy 101	26 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Job Club 12:00-1:00 Social Skills Community Meeting 1:00-2:30 DBT 1:00-2:30 Social Skills Practice	27 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Ups & Downs 12:00-1:00 Social Skills 1:00-3:00 Recovery Life 1:00-3:00 Games	28 9:00-10:00 Breakfast Club 10:00-1:00 Stone Soup 10:10-11:50 Voices & Visions 12:00-1:00 Social Skills 1:00-3:00 MAC 1:00-3:00 Art Studio
				<ul style="list-style-type: none"> Big Group Room Kitchen Heather's Office Dining Room Important Events